

IES Nacka Strand Parent Association – Board Meeting Minutes

Date: 30 September 2025

Place: Augustendalsvägen 20, Nacka Strand

Attendees: Principal Mr Christian; IES Parent Association Board: Marcus Billström, Lisa Rönnerberg, Elisabeth Öhman; Guests: 20 parents

§1 Opening of the meeting

The board greeted everybody welcome.

§2 From the Principal's perspective – introductory words by Mr Christian

- The school welcomes back the parent association which has been dormant since Covid.
- When you think about events and fundraising, try to keep the following in mind:
 - Don't set expectations too high when it comes to end of year activities – it's very expensive to go on class trips. A few years ago, the parent association and the school used to arrange an end of year trip to grade 9 to Gotland which cost around 250,000 kr. It took up a lot of time and teachers found themselves increasingly involved in and distracted by fundraising activities.
 - Try to introduce annually recurring activities and introduce them in a grade in which the schedule is not already crammed. In grade 9 we have lots of traditions already whereas in grade 7 and 8 there are not so many.
 - You as a parent association for the whole school need to think about introducing activities which are the for all grades, not a one-off for a particular year.
- Sometimes it is difficult to find enough parent volunteers to come along on class trips, having a parent association would be valuable for us to interface with from that perspective.

§3 Ideas from Break-out Sessions

Grades 4-5

- Early start - It might make sense to have activities early in the term so the children get to know each other and facilitate group building. It would be valuable to also bring parents together at this time.
- September is a great month for outdoor activities
- Apart from arranging events, a parent association could serve other functions
 - Reference group / sounding board for the school around new ways of teaching, AI usage, social media.
 - A source of support for the school to handle challenging issues
- What is the mission of the association?
 - Is it for parents to get to know each other?
 - Is it to provide a contact surface between parents and teachers?
- Events
 - Halloween is a fun holiday to arrange dances or activities around, for example have ghost walk or similar outside?

- It is “a classic” in other schools for the 9th graders to arrange the dance for the 4th graders. Would that be a good activity to try to start up?
- The interest in serving as class parents is low. Would it make sense to have a random based system for assigning class parents? Perhaps it will be more effective in quickly getting class parents assigned if these are assigned alphabetically each semester between grade 4-9. 12 terms x 2 parents should mean there are enough parents to cover this.

Grades 6-7

- Activities
 - Dinner where students serve younger students
 - International day - show different cultures and raise money
 - Mingle event for each class
 - Lucia breakfast
 - Ski trip nearby
 - Bake sales, bake together in a group
 - Brännboll & korvgrillning
 - Rent a table in Nacka Forum or somewhere else where classes rotate selling
 - Optional entry fees for parties to raise money
- One important goal is to get the students in the class to know each other early on during the term. What activities would help to achieve this? Best done class by class I believe.

Grades 8-9

- The focus of discussion was on fundraising for the Year 9 activity – goal: 1000 SEK per student by the end of Year 9.
- To involve the students, create a PowerPoint presentation that each mentor can review during mentor time.
- To involve all parents and inform them that this is happening, send out a message via Ms Geleta explaining the purpose of the fundraising and the planned Year 9 activity/trip. Ask if there is interest in sponsoring with contributions, accommodation, a bus, etc., and collect suggestions for paid work opportunities where students could help parents/companies.
- Suggested fundraising activities:
 - Litter picking – one day together this fall – contact Nacka Municipality
 - Helping with inventory or packing tasks
 - The store Normal awards a scholarship every year – what other scholarships are available?
 - The Coffee Bike
- Other ideas for team building – create a tradition around:
 - Vetenskapens Hus – invites students to Gröna Lund for Edutainment every September: Edutainment at Gröna Lund

§4 Other matters

Maria Lofors volunteered to help with building out the IES Nacka parents webpage <https://ies-nacka-parents.com> which is currently being built out.

§5 Conclusions and next steps

- Set reasonable expectations when approaching fundraising activities, avoid “sales driven” fundraising such as bamboo socks and instead focus on fun events, ideas which have a positive impact on society (trash picking) or sales where the students contribute with their time (coffee bike).
- Aim to create recurring activities for a particular grade in cooperation with the school.
- The parent association will invite one representative from each grade to meet again on Tuesday 18th November at 16:30 at the school. At this meeting we will revisit the ideas and select recurring class activities for grades 4-9 and revisit the role of the association. (Please note this evening is unfortunately not open for all parents to attend.)

§6 Closing of the meeting

The Chairperson thanked everyone for their participation and declared the meeting closed.

Minutes prepared by: Lisa Rönnerberg, Secretary

Approved by: Marcus Billström, Chairperson; Elisabeth Öhman, Treasurer